

ACTIVITY REPORT

Women Development Committee
Dr. APJ Abdul Kalam Govt. College
(Silvassa College)
Academic Year: 2013 – 14

Women Development Committee was formed on 18th December 2013 as per the notice No.EDN/SIHL/GNL/NTC/1525, with five members. The committee was formed with the motive of awareness and development in girl students of Silvassa College. Women Development Committee conducted two activities during December 2013 to April 2014, amongst which one was an Expert talk by Dr. Amita Patel and the other was an initiative by Shri Vinoba Bhave Civil Hospital, Silvassa.

As an initiative, Women Development Committee invited **Dr. Amita Patel, Obstetrician and Gynecologist**, working at Shri Vinoba Bhave Civil Hospital, to deliver an **Expert Talk on General Awareness about Women Hygiene**, on **21st February 2014**. More than 200 girl students attended the program very enthusiastically. Girls from all the faculties attended the talk. Also, the ladies staff members, teaching and non-teaching staff attended the program with high enthusiasm.

The program started at 4:35 pm, in New Class Room 1, with floral welcome to Dr. Amita Patel by Smt. Geeta Gamit (Member) and a brief introduction about Dr. Amita Patel and the talk by Smt. Aparna Tailor (Convener). Then, Dr. Amita Patel started her presentation and talk regarding **General Awareness** about the Menstrual Cycle, Hygiene of various organs and care, reproductive disorders and their precautions. She also discussed about **CEREVERIX, a recently developed vaccine providing protection against Cervical Cancer**. She concluded her talk by discussing about type of food and care to be taken during Menstrual Cycle.

The talk was then followed by an **extensive interaction** between Dr. Amita Patel and the audience, including staff members. Girls were hesitant initially to ask regarding their queries but then it was a very interactive and healthy interaction between Dr. Amita Patel and all the participants. Girls were very much satisfied to have such an interactive session about such a topic and had a platform to solve their unsolved queries. Many girls also wanted to visit Dr. Amita Patel at her workplace.

The program was finally concluded at 5:45 pm, with vote of thanks given by Dr. Sony Amarendra (Member). Dr. Amita Patel was also happy to interact with our girl students and staff

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members. We wish to have further interactive sessions with other women entrepreneurs from different fields for motivation of girls from our college.

Second activity was held by Women Development Committee, as an extension of the Expert talk, in association with Shri Vinoba Bhave Civil Hospital, Silvassa. **Shri Vinoba Bhave Civil Hospital**, Silvassa, had a program of distribution of yearly stock of sanitary pads to girls of various schools and colleges of Silvassa region, as a part of Being Confident India scheme. As per telephonic conversation with the staff member of Civil Hospital, the program was scheduled on **24th February 2014, at 4:30 pm.**

A team of staff members from Shri Vinoba Bhave Civil Hospital, Silvassa had arrived to our college at around 3:30 pm. The program was conducted in New Classroom 1, College building. The program started with floral welcome to the staff members of Civil Hospital. It then went on with brief introduction about the initiative of Civil Hospital. **The members also gave a brief out for Sickle cell anemia and its inheritance to the students.**

The staff members then packed the yearly stock of sanitary pads for girls in separate bags. Girls were given the yearly stock individually in bags and a record of distribution was taken for their own records. About **190 girl students** took the advantage of this program and also the female cleaning staff was provided with yearly stock. The program was successfully ended at 6:00 pm.

Place: Naroli. Silvassa.

Date: 21st April 2014



